

The preparation made from heated saliva

Read carefully before proceeding to make the preparation. Do not take the bottle out of its plastic wrappings before you are ready to commence making the preparation. The person who will use it generally makes the preparation, though this is not a condition.

Purpose: “The Bottle” is designed for the vortex flux dilution of a person’s information contained in one’s own saliva to the fine-matter (from the materialistic point of view, immaterial) level. The product of the dilution is used exclusively by the same person that provided the saliva.

Philosophy: On the basis of resonance, the fine-matter information acts positively on the fine-matter (from a materialistic point of view immaterial) organising principle in man called vital force, prana or chi, which can gradually improve its function.

What you need:

1. An Autopathic Bottle for gradual flow dilution made of chemically stable borosilicate boiling glass.
2. Ordinary bottled spring water, not sparkling and without high mineral content or artificial additives, in the quantity as recommended by literature about autopathy or by an informed consultant (at a minimum of 1 liter, 1 quart).
3. For persons unable to spit a previously unused clean packaged dropper.
4. A gas or spirit burner, gas lamp, or as a makeshift, a quality lighter or candle.

The Procedure:

1. In the evening before the application of autopathy we clean the mouth. In the morning, as the first thing, we spit in the autopathy bottle. Before this, we cough several times to allow drops from the breathing apparatus to reach the mouth. Just before the application we do not eat, drink, put anything in the mouth, nor do we telephone with mobile phones. At the time of application there should be no cosmetics on the face and lips.
2. Do not touch the inside of the funnel. No other person should be present. If you are making the preparation for someone else, you should wear a mouth screen or surgical mask over your mouth and nose throughout the entire period of production, so that no droplets of your own saliva contaminate (through talking, sneezing or breathing) the preparation. In the case of a person unable to spit, you take the saliva (one drop is sufficient) with a hitherto unused clean glass dropper.
3. Hold the autopathic bottle by the funnel at an angle of about 45 degrees, so that the two small pipes that come out of the round whirling chamber form the letter V. Wash down the saliva with a small amount of water, just enough to fill the small spherical whirling chamber. This you then heat up with the gas burner, lighter or candle, until the liquid boils and continue boiling for 30 seconds (only adults can do it). The bottle is made of boiling glass. Hold the bottle with a folded-up napkin, as it will be hot, and do not aim the tubes towards any person as hot water could spurt out. Wait half a minute, and then proceed with diluting with water.

4. Gradually pour the recommended amount of water into the funnel, without interruptions (except when changing bottles of water). Do not touch the funnel with the bottle, pour from a height of about 2 inches. Ideally (though not necessarily), the water should level up within the funnel, but overflowing the funnel is not a problem.
5. Immediately after this, raise the bottle and through the lower pipe pour the contents of the vortex chamber (the spherical bulge at the bottom) or its part (a few drops are sufficient) on the middle of your forehead and spread with a slight touch of the lower pipe above eyebrows and the stem of the nose (where the sixth chakra is situated). Allow the skin to dry. The application of fine-matter, high dilutions on the skin was already recommended by the founder of homeopathy S. Hahnemann (Organon of Medicine).
6. The autopathic bottle should never be used at a later time for another person. This would result in the fine-matter vibrations of the two persons being mixed, so-called “cross-contamination”, and the preparation would no longer be effective. It is known from the production of homeopathic dilutions, that a memory of the glass exists which is able to retain fine-matter information, even if the previous liquid has been expelled. A new bottle must always be used for another person.
7. **In case of repeated autopathic application for one person, the bottle must be replaced, at the latest, three months after its first use.** After this time the memory of the glass reduces the effect of the application.
8. After using it, place the bottle back into its plastic cover and the box to prevent danger of contamination (impairment of effect) by another person through touching it, or speaking or breathing in near distance.
9. One liter (1 qt) of water produces a dilution of 40 C.
10. A preparation produced this way can gradually tune the non-material, fine-matter organizing system for the long-term, even in case of a single dose. A development following the preparation’s use is not necessarily straightforward and is an individual matter according to the person’s inner, hidden (karmic) condition. You can draw inspiration from literature – the books *Get Well With Autopathy* and *Autopathy: A Homeopathic Journey to Harmony* by Jiri Cehovsky, which deal in detail with experiences and philosophy associated with this method. It is suitable (but not necessary) to ask the advice of an informed consultant.
11. The influence of highly-diluted saliva is not a substitute for medical care. It can also be used as a complementary method.

